

Section VI End of Season Meeting

April 2019



Important Contact Changes

- ★ Section Representative: Justina Grudzinski
sec6cheerleading@gmail.com
- ★ ECIC Representatives: Jill Manka and Jena Zubricky
eciccheer@gmail.com
- ★ Be sure to email your League Reps for anything pertaining to your section.
- ★ League reps: will be responsible to setup and run their league championships

Important Websites

★ Section Website

<https://www.section6.e1b.org/Domain/49>

★ State Website

<http://www.nysphsaa.org/Sports/Competitive-Cheerleading>

Fall 2019 Winter 2020 Reminders

- ★ Fall start date is 8/19 for all levels.
- ★ Refresher training at some point (date TBA)
- ★ Any practices/open gyms before 8/19 will need to be optional
- ★ 6 practices prior to first “contest”
- ★ Fall Meeting: August 17th
- ★ Winter Meeting: November 9th
- ★ Sectionals 2020: Looking to move to the 2nd weekend of February.
Location is TBD. Timm Slade is working on this.
- ★ States: March 7th

Competitions

- ★ Teams can only compete at sanctioned events
- ★ If you're looking to host a competition, it's first come first serve. This goes for League Championships as well.
- ★ Procedure:
 - Email
 - Paperwork (outside agency only)
 - Website
- ★ I will update the website as soon as the competitions are cleared by the section office.

Rule Changes

- ★ Rule 3-3-3: was changed to make it consistent with other braced inversion rules. It now allows for the inverted person to be caught by new catchers as long as the new catchers remain close to the original bases, are in place before initiation of the inversion, and do not pose increased safety risk to the top person.

Rule Changes

- ★ Rule 3-3-5 was changed to allow a braced front flip to be performed just as it is on the ground while using one bracer behind the top person holding both hands. Both of the top person's hands/arms must be in continuous contact with a bracer and the bracer must be in a multi-base prep with a spotter. The top person must be to the side or in front of the bracer, and only one bracer is necessary. This allows similar visuals for smaller teams and removes the need for an additional bracer to hold the wrist of the top person.

Rule Changes

- ★ Rule 3-3-6, which now restricts releasing from an inversion with a stunt that has twists at any level, even in the presence of a spotter. Previously, inversions could release with a stunt at prep level or below.

Rule Changes

- ★ Rule 2-1-5 now states that props made of hard material or sharp edges cannot be released by a top person and must be placed by someone on the ground. This reduces risk of injury from falling props.

End of Season Comments

- ★ Coach of the Year
- ★ North VS South
- ★ Any comments/questions regarding the season or next season?